

COVID-19, an infertility risk?

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Dear Editor,

COVID-19 easily might enter the host cells by attaching to angiotensin-converting enzyme-2 (ACE2) that is expressed on pneumocytes of the host airways. Several data have shown a host-protective role of the ACE2 pathway. Surface spike glycoprotein on the surface of COVID-19 binds to the ACE2 protein. Then, COVID-19 infection develops severe due to high viral load with destroying pneumocytes and/or the ACE2 protection pathway. Expression of ACE2 in the ovaries and testes suggests that this enzyme affects germ cells and reproductive health. The Ang (1-7) produced by ACE2 exerts its effects through Mas receptor, which modulate the ovarian physiological functions such as follicular development, oocyte maturation, ovulation [1]. The ACE2/Ang-(1-7)/Mas axis may also promote meiotic resumption [2]. In the male reproductive tract, ACE2 is selectively expressed by adult Leydig cells in the testis, where the ACE2/Ang-(1-7)/Mas axis may activate sperm motility via the PI3K/AKT pathway [3]. In general, the ACE2/ Ang (1-7)/Mas activates PI3K/AKT signaling, and the PI3K/AKT signaling is thought to correlate with host-protection in several diseases by ameliorating oxidative stress and inflammation.

For fear that COVID-19 virus terminates the ACE2/ Ang (1-7)/Mas/PI3K/AKT pathway, a host protection and fertility-system, it would be of significance to define appropriate strategies to activate the PI3K/AKT pathway (Figure 1). As the efficiency of pharmacological and/or

vaccinal managements against COVID-19 has been unsatisfactory at present, dietary choices could indicate a certain role via the PI3K/AKT signaling-activation [4]. Lifestyle factors such as the special diets could play certain roles against possible infertility of COVID-19.

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Conflicts of interest

There are no conflicts of interest.

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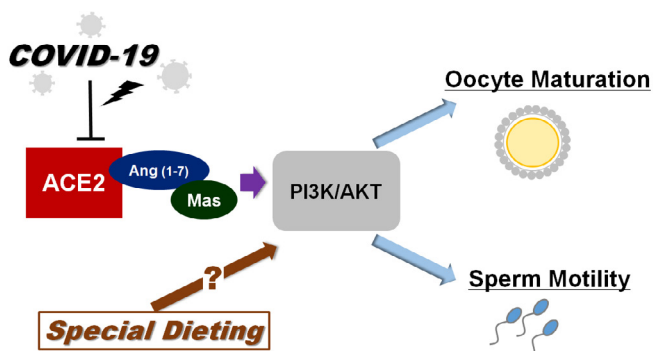


Figure 1. Schematic illustration implying that COVID-19 infection may induce infertility, as ACE2/Ang(17)/Mas/PI3K/AKT activation-axis stimulates oocyte maturation and/or sperm motility. When COVID-19 infection abolishes the ACE2 axis, special dieting could substitute the stimulation by activating the PI3K/AKT signaling

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